



Delta Hospital  
FOUNDATION

# Keeping the Beat



Spring 2015 **NEWSLETTER**

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SAVE THE DATES

## Toigo Family and Shato Holdings Ltd. Donate \$2.5 Million to Hospital Expansion: Largest Ever Donation to the Delta Hospital Foundation!

This past year has been an exciting one for the Foundation and a year of milestones. With the help of our community we have been able to achieve some fantastic results in our campaign to expand the Delta Hospital Diagnostic Services - Medical Imaging and Laboratory departments, a \$12.5 million project.

Our 2014, 15th Annual Delta Health Golf Classic and 16th Annual Moonlight Gala broke all previous years fundraising records, collectively raising over \$490,000 towards the expansion project.

Earlier this year in March we were able to announce the **biggest gift in Delta Hospital Foundation history - \$2.5 million from Shato Holdings Ltd. & the Toigo family.** The Minister of Health, Terry Lake visited Delta Hospital to announce the commencement of the Diagnostic Services expansion project and celebrate the generous gift from the Toigo family, which will be recognized in the naming of the new building, to be known as the **Peter C. & Elizabeth Toigo Diagnostic Services Building.**

The Foundation is extremely grateful for the generosity shown by the Toigo family and their commitment to supporting community health care. **On behalf of our community here in Delta, we thank the Toigo family wholeheartedly.**

**The fact is: Delta Hospital is one of the region's finest community hospitals today, because of the overwhelming support from our community.** The \$2.4 million received from the Delta Hospital Auxiliary, \$325,000 from the Delta Agricultural Society and major contributions from community donors are making this expansion a reality.



L-R: Ron Toigo, Elizabeth Toigo, Allan Baydala (DHF Chair), Terry Lake (Minister of Health)

As we enter the final push to raise the remaining \$1 million and bring this project alive, we must keep in mind that this is merely the first phase of a broader 20 year vision for healthcare at Delta Hospital. Expanding Diagnostic Services, the backbone of the hospital, is the first step in preparing our hospital to respond to the growing needs of our community.

In these final stages, we are calling upon our community to help build a critical new future for Delta Hospital in support of our patients, our medical staff, our families, our neighbours, and our future. In the best tradition of the support that already has been shown for our hospital, we will respond, all of us who care so deeply about this community. We will answer with our time, our energy, and with our resources.

This is our health, our hospital, and our future.

Sincerely,

**Allan Baydala**  
**Board Chair**  
**Delta Hospital Foundation**

Please donate: [dhfoundation.ca/donate](http://dhfoundation.ca/donate) | 604 940 9695 | [info@dhfoundation.ca](mailto:info@dhfoundation.ca)

# Heartfelt Thanks

The last time Rick Riggs visited Kathy Haslett at the Cardiac Care Centre in Delta Hospital, he was, unbeknownst to Rick, experiencing a heart attack.

**“He was grey when he came in, I took one look at him and knew there was something very wrong,”** says Kathy. She instantly recognized that Rick was in serious trouble and rushed him through to the Emergency Department where his condition was quickly confirmed. **Within an hour and a half of Rick entering Delta Hospital for a routine check, he was being operated on.**

Four years on from undergoing major heart surgery at RCH, Rick has come back to Delta Hospital to visit Kathy and share with us his story of recovery. “If I hadn’t come to Delta Hospital when I did, I wouldn’t be alive,” says Rick, reflecting on the significance of that day. Rick explains how although he hadn’t been feeling like himself for quite some time, he never imagined that it was a result of serious cardiac disease. He recalls a number of experiences - hiking the Grouse Grind, going for a walk with his wife, and playing with his kids where he felt a shortness of breath, back pain and fatigue.

He now knows that these symptoms were indicators that something was not right with his heart. Rick put off a visit to Delta Hospital’s Cardiac Care Clinic for a stress test in order to go on a planned vacation with his family. In hindsight, Rick realizes that not listening to the messages his body was sending him almost cost him his life.

Since his surgery, Rick has made a number of lifestyle changes – he exercises regularly, has changed his diet and adjusted his work/life balance to ensure he manages his stress levels.

He also goes for **regular checkups** including a stress test once a year and is much more conscious of his health. He encourages others to take note of changes in their body, “Know your own body and listen to what it’s telling you. If you feel something isn’t right, get it checked out,” says Rick who was surprised by



**“If I hadn’t come to Delta Hospital when I did, I wouldn’t be alive”,** says Rick, reflecting on the significance of that day.

the long list of signs that can indicate cardiac disease.

Kathy and Rick have similar messages – **prevention is key.** Exercise, be mindful of what you eat and drink, and take note of changes in your body.

“No one is immune to heart disease, but the good thing is that it is preventable. Understanding your body and the impact of everyday activities like the food we eat and the exercise we do can make a world of difference to our quality of life,” explains Kathy. She urges people with concerns to **come in and get tested at the Delta Hospital Cardiac Care Clinic**, where a range of tests can be done to assess an individual’s heart health. Tests include stress testing (a physical test performed on a treadmill), blood pressure monitoring, and holter and event monitoring.

**FIND OUT MORE ABOUT DELTA HOSPITAL'S CARDIAC CARE CLINIC!**

**#DeltaCares**

-  **Holter & Event Monitoring**
-  **Blood Pressure Monitoring**
-  **Stress Testing**
-  **Myoview Stress Test**
-  **ECG**
-  **Pacemaker Clinic**

**2015 Century Group Delta Health Classic**

Proceeds go towards supporting **CARDIAC CARE** at Delta Hospital



[www.dhfoundation.ca/golf](http://www.dhfoundation.ca/golf)

16th Annual



Thursday  
June 18, 2015  
Beach Grove Golf Club

GOLF & SUPPORT  
CARDIAC CARE AT  
DELTA HOSPITAL

**SOLD OUT!**  
REGISTER NOW!

INDIVIDUAL: \$300  
FOURSOME: \$1200

**PLAYER FEE INCLUDES:**

- \*18 HOLES ON A BEAUTIFUL CHAMPIONSHIP GOLF COURSE
- \*CART
- \*LUNCH
- \*ON COURSE FOOD & BEVERAGES
- \*TEE GIFTS
- \*19TH HOLE RECEPTION
- \*STEAK DINNER
- \*PRIZES & AUCTION
- \*\$125 CHARITABLE TAX RECEIPT PER GOLFER

**REGISTER:**

WWW.DHFOUNDATION.CA/GOLF  
604.940.9695

THE THEME FOR THIS YEAR IS  
*Scottish Highlands*  
PUT ON YOUR ARGYLE & TARTAN  
AND COME JOIN US!

**Mr. and Mrs. P.A. Woodward's Foundation**

Mr. and Mrs. P.A. Woodward's Foundation recently donated \$34,400 to Delta Hospital Foundation for the purchase of four Triple Lumen IV Pumps for use in the busy ER and medical floor at Delta Hospital.

A Triple Lumen IV Pump administers more than one medication to a patient at once. These pumps allow for greater flexibility in management of complex patient situations.

Over the past 5 years, the number of acute cases at Delta Hospital has steadily increased by an average of 7% per year. This is mostly due to the aging patient demographic who are requiring greater medical attention.

Since 2001, the Mr. and Mrs. P.A. Woodward's Foundation has generously donated over \$336,000 to Delta Hospital Foundation to fund priority equipment needs. With their incredible support, Delta Hospital is providing our patients and community with the highest level of care.

**THANK YOU!**



Emergency Room staff with the Triple Lumen IV Pumps

**DONATE NOW**

**\$1 MILLION TO GO!**

Support the  
**DELTA HOSPITAL EXPANSION**

604 940 9695 dhfoundation.ca

## In Memory: Tryon Estate

For ten years, Elmer (Al) B. Tryon visited his wife Marge every day in the Delta Hospital extended care facility, Mountain View Manor. While Al himself was able to live from home up until his passing in 2012, he gained his own first hand experience of hospital services through his support of Marge, and his own stints in Delta Hospital over the years.

This appreciation for the hospital care that Marge received stayed with Al, who chose to dedicate a portion of his estate to the Delta Hospital Foundation.

Al was born in Calgary in 1918 and moved to Vancouver with his parents in 1920. He met and later married in 1942 the love of his life, Marge.

Although they had no children of their own, they surrounded themselves with family and friends and were known for

their dependability and charitable natures. They settled in Tsawwassen in 1960 where they lived for the remainder of their lives.

Roger Harris, Al's nephew, describes Al as a dedicated, caring family man who had a lifelong passion for aviation. He says that Marge and Al's personalities complimented each other. "She was the free spirit and he was the down to earth gentleman who you could always count on."



Elmer & Marge Tryon  
Photo taken in 1946

The Foundation has earmarked Al's gift towards Mountain View Manor where the gift will make a world of difference for the 92 residents who live there. It is a fitting legacy gift in honour of Al and Marge's connection with Delta Hospital, and in remembrance of Al's generosity of spirit and desire to take care of others.

## Believing in our future, right here in Delta

by Veronica Carroll



In many ways, making a gift through your estate demonstrates the ultimate optimistic belief in the future. Donors to Delta Hospital Foundation make a gift in their Will because they want to leave a lasting legacy for future generations. In health care, a gift in your Will provides our community hospital with funds necessary to take care of future generations; our children, grandchildren or great grandchildren, our friends and neighbours.

When you're meeting with your financial advisor or estate lawyer and drafting your Will, you can include an outright gift or you can provide for a percentage of your estate to be given to Delta Hospital Foundation. It can easily be expressed as: **"I give or bequeath to the Delta Hospital Foundation, \_\_\_% of my estate (or a specific amount) OR "I give or bequeath to the Delta Hospital Foundation, the residue of my estate."**

Over the last while, we have had a number of queries about how to leave a gift to Delta Hospital Foundation. As such, we will be holding a series of seminars this fall to provide information on how to make this possible.

To put your name down to attend an information seminar, or for more information on making a gift in your Will, email me at [veronica.carroll@dhfoundation.ca](mailto:veronica.carroll@dhfoundation.ca) or call 604.940.9695.

Thank you for your generosity!

Hi there,

My name is Vicki Fenn. I hope you received my letter in the mail a few weeks ago asking for you to join me in supporting our hospital. With 3 grown children, and elderly parents with complex health care needs, I have many reasons to be glad my community includes Delta Hospital.

Two years ago, my mother became ill. She lost her appetite and her energy. Worse, she was anxious and distressed. I'd never seen her like that.

You see, my Mum is incredibly strong. As she approached her 90th birthday, she and my father enjoyed a busy, independent life, filled with family and friends.

So when Mum's physical and mental health changed so dramatically, we were alarmed. We learned a vitamin B12 deficiency was the cause of Mum's problems. We were referred to Delta Hospital's Specialized Seniors Clinic, where extraordinary gerontologists guided my mother back to health.

Delta Hospital is woven into my family's lives, and we're so grateful for it. That's why I'm writing to ask you to support Delta's Diagnostic Services Expansion. Our hospital needs \$1 million to complete this visionary project, the largest capital campaign to date.

Please join my family and help keep Delta Hospital strong. Donate today; you'll be ensuring Delta Hospital will meet our needs well into the future.

Sincerely,

Vicki Fenn



**"Delta Hospital is woven into my family's lives, and we're so grateful for it."**

- Vicki Fenn, daughter of Betty Frewer

1) Cut at dashed line

2) Insert in envelope provided

3) Mail



# I WANT TO MAKE A DIFFERENCE AT DELTA HOSPITAL



- I would like to make a one-time gift
- I would like to become a monthly donor *(on the 1st of every month)*

Please accept my gift of \$ \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

Province \_\_\_\_\_ Postal Code \_\_\_\_\_

Telephone \_\_\_\_\_

Email \_\_\_\_\_

I am enclosing a cheque payable to Delta Hospital Foundation (Please do not send cash)

I prefer to pay with



Card Number \_\_\_\_\_

Expiry Date \_\_\_\_\_

Name of Cardholder \_\_\_\_\_

Signature \_\_\_\_\_

# THANK YOU!

5800 Mountain View Boulevard, Delta, BC V4K 3V6

T. 604 940 9695 | info@dhfoundation.ca

www.dhfoundation.ca

# SAVE THE DATES!

SAVE *the Date*  
NOVEMBER 7, 2015  
TSAWWASSEN SPRINGS

For information on sponsorship and tickets contact us at:  
sharla.degroote@dhfoundation.ca or 604.940.9695



2015 moonlight  
*Gala*  
Whimsical  
Wonderland  
presented by:  
MK Delta Lands Group



**RUN FOR DELTA!  
JOIN TEAM  
DELTA HEARTS NOW!**



**Sunday, June 28, 2015**

5K Fun Run or Half Marathon

Take part in this **fun filled day**  
walk or run in support of  
Delta Hospital  
Meet new friends! Win prizes!  
Get training tips!

For more info:  
[www.tinyurl.com/runfordelta](http://www.tinyurl.com/runfordelta)

**Century Group Delta Health  
Classic**  
June 18th, 2015 Beach Grove  
Golf Club

**Delta Hospital Foundation  
Block Party**  
September, 2015

### **\*Third Party Events\***

Guichon Grandchildren Roadside Stall Fundraiser for Delta Hospital  
Foundation  
September, 2015

Emma Lea Farms Fundraiser for Delta Hospital Foundation - fruit,  
ice cream, hot dogs, baked goods on sale!  
9am - 6pm, Canada Day, July 1, 2015

## Become a Monthly Donor and Join the Helping Hearts Club!

Distribute your generosity evenly throughout the year while  
providing the Foundation with funding to support the most  
urgent needs.

Monthly Giving helps Delta Hospital Foundation by:

- Helping the Foundation plan ahead and maximize the impact of donor dollars.
- Reducing costs for postage, paper and printing.
- Directing more of your dollars to our hospital's greatest needs.

Monthly Giving to Delta Hospital Foundation is easy to do:

- Each month a pre-specified contribution will be automatically credited to the Foundation from your bank account or credit card.
- You can change or cancel the gift at any time.
- You will receive one consolidated tax receipt in January of each year.

For more information please contact Shari Barr, Donor  
Relations Coordinator at 604 940 9695 or visit [dhfoundation.ca](http://dhfoundation.ca)

## DELTA HOSPITAL FOUNDATION

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